



January 4/2026

Ey Swayel Prince Charles Families:

Happy New Year Royals! I hope you had a wonderful Winter Break and are ready for Term 2. This month, we are focusing on Resiliency. Resiliency is the ability to adapt and bounce back when faced with challenges or setbacks. Developing this skill helps students build confidence, manage stress, and approach problems with a positive mindset. These qualities are essential for lifelong learning and success.

Kindergarten Registration will commence on **Monday, January 19th**. If you have a child turning five in 2026, it's time to register for Kindergarten! Please click the link below on January 19th to complete the registration process. If you know of a family with an eligible child, feel free to share this information with them.

<https://www.abbyschools.ca/kindergarten>

Additionally, to help our Royals transition back into their school routines. Here are a few tips and reminders to ensure a smooth start:

1. **Consistent Sleep Schedule:** Encourage your child to return to their regular sleep schedule. A good night's sleep is crucial for their focus and energy levels.
2. **Reading/Study Time:** Set aside a specific time each day for reading and/or studying. This helps students get back into the habit of regular academic work.
3. **Healthy Eating:** Ensure your child has a nutritious breakfast each morning. A healthy diet supports their overall well-being and concentration in class.
4. **Positive Attitude:** Encourage a positive mindset about returning to school. Remind your child of the exciting opportunities and activities that await them.
5. **Communication:** If your child has any concerns or needs additional support, please don't hesitate to reach out to their teachers.

Thank you for your continued support in making our school a great place to learn and grow.

Warm regards,

Mr. Paul Allanson
Principal of Prince Charles Elementary School

Here are some things for you to know as we head into **Week #17 at Prince Charles Elementary**:

- 1. Bundle up for the Cold:** As the colder months continue, we want to remind families of the importance of dressing children appropriately for outdoor activities. Wearing multiple layers is an excellent way to trap body heat and provide insulation against the cold. Please ensure your child has a warm hat, gloves, scarf, and waterproof boots ready for school each day.

Here at PC, we make every effort to get children outside as much as possible. Outdoor play offers many benefits, as it promotes physical activity, supports mental well-being, and provides opportunities for social interaction and exploration. Fresh air and movement are essential parts of a healthy routine, even in winter.

- 2. Spirit Day: Jersey Day:** We're excited to announce Jersey Day at Prince Charles Elementary! On Friday, January 9th, all Royals are encouraged to show their team spirit by wearing their favorite jersey or team colour to school.
- 3. Young Actors:** We are excited to welcome back the Young Actors Program to Prince Charles Elementary for the month of January! Under the guidance of Mr. Montana, our Royals will explore a variety of acting strategies designed to inspire creativity and build confidence.

Through engaging drama games, mini-scenes, and improvisation, students will develop essential skills in expression, communication, and cooperation. These workshops encourage students to exercise their imaginations in new and exciting ways, while fostering the ability to confidently and creatively express themselves in front of their peers, skills that will benefit them throughout the school year.

- 4. Food Drive Total:** We are delighted to share some wonderful news with you. Thanks to the incredible generosity and community spirit of our students, families, and staff, we have successfully raised **1,035 food items** for the Archway Food Bank!
- 5. PC Swag:** We're excited to offer Prince Charles Elementary swag for students and families! To order a Prince Charles Elementary hoodie, zip-up, or t-shirt, please click on the link below:

<https://sapphirecreative.com/product-category/apparel-program/prince-charles-elementary/>

Orders typically take about two weeks to arrive. Once your items are ready for pickup, Ms. Smith will contact families directly.

Show your Royal pride, we can't wait to see our community rocking their PC gear!

6. Upcoming Dates:

January	
Friday, January 9	Popcorn Day
Monday, January 12	PAC Meeting
Friday, January 23	Hot Lunch – J's Pizza

7. **Information from the PAC:** A reminder that Hot Lunch orders are due on Thursday, January 8th for term 2.

Next PAC Meeting is: Monday, January 12th @ 7:00 in the library.

