



March 29/2026

Ey Swayel Prince Charles Families:

We hope you had an enjoyable Spring Break and that everyone was able to take time to relax, reconnect, and return feeling refreshed and ready for learning.

How Students Can Practice Mindfulness at Home:

Families can support this virtue in simple, everyday ways, such as:

- Encouraging children to take a few deep breaths when feeling upset or overwhelmed
- Practicing active listening during conversations: putting away devices and giving full attention
- Noticing and naming feelings at the end of the day (“What made you feel happy today?”)
- Talking about pausing and thinking before reacting to a situation

This is a friendly reminder that Easter is this weekend, and schools will be closed. Easter is an important holiday that celebrates hope, renewal, and new life. It is traditionally observed as a time for reflection, gratitude, and togetherness. Many families also celebrate with cultural traditions such as gatherings, shared meals, and springtime activities.

Thank you for continuing to support your child’s growth both academically and socially.

Warm regards,

Mr. Paul Allanson

Principal of Prince Charles Elementary School

Here are some things for you to know as we head into **Week #27** at **Prince Charles Elementary**:

1. **Abby Community School Society**: Will be coming back at Prince Charles Elementary Starting in April. Please see the Flyers for more Information. They are offering three sessions:
 - i. **Taste of Art Program for Grades 3-5 on Tuesdays**
 - ii. **Outdoor Explorers Program for Grades 1-2 on Wednesdays**
 - iii. **Football Program for Grade 3-5 on Thursdays**

- 2. Grade 5 Basketball:** We are excited to invite all Grade 5 students who are interested in basketball to participate in our upcoming practices. Basketball is a wonderful opportunity for students to develop athletic skills, teamwork, and confidence in a supportive school environment. **Basketball practices will begin this week.**

Practice Schedule:

- **Tuesdays, 2:45–4:00 p.m.** – Boys (with Coach Abbott)
- **Wednesdays at Lunch** – Boys and Girls (with Coach Marley)
- **Thursdays, 2:45–4:00 p.m.** – Girls (with Coach Marley)
- **Games** – will be on Wednesdays after school. The schedule will be coming out soon.

While we offer a lunchtime practice, we strongly encourage all student-athletes to attend the after-school practices whenever possible. After-school sessions allow for more in-depth instruction and practice time. Basketball involves many foundational skills, including dribbling, shooting, passing, communication, and basic positional play, and the additional time is essential for learning and growth.

- 3. Good Friday & Easter Monday:** Just a reminder that schools will be closed this Friday and Monday for the Easter Long Weekend.
- 4. Summer School:** The Abbotsford School District would like to let you know that Summer School registration is now open. If you are looking for an opportunity for your child(ren) to upgrade or enhance their learning skills, Summer School offers a variety of programs designed to support student success. Please see the link below or the attached information for program details, course offerings, and registration instructions.

<https://summerschool.abbyschools.ca/events/summer-explorers-gr-k-8-registration-2026>

- 5. PC Swag:** We're excited to offer Prince Charles Elementary swag for students and families! To order a Prince Charles Elementary hoodie, zip-up, or t-shirt, please click on the link below:

<https://sapphirecreative.com/product-category/apparel-program/prince-charles-elementary/>

Orders typically take about two weeks to arrive. Once your items are ready for pickup, Ms. Smith will contact families directly.

Show your Royal pride, we can't wait to see our community rocking their PC gear!

6. Upcoming Dates:

April	
Wednesday, April 1 st	Virtue Assembly (Mindfulness)
Friday, April 3 rd	Good Friday – Schools are closed
Monday, April 6 th	Easter Monday – Schools are closed
Friday, April 10 th	Hot Lunch – Fuel Catering
Friday, April 10 th	Spirit Day – Look a Like Day
Tuesday, April 14 th	Vaisakhi

7. Information from the PAC: Hot Lunch ordering for the **Spring Term** will be available on **Munchalunch**. One order covers **April–June**.

Ordering Window:

Opens: **Monday, March 2**

Closes: **Thursday, April 2 at 10:00 PM**

Spring Lunch & Snack Days:

Apr 10 – Fuel Catering Day

Apr 17 – Popcorn Day

May 1 – Ice Cream Day

May 8 – Subway Day

May 22 – Popcorn Day

Jun 5 – Popcorn Day

Jun 10 – Hot Dog & Hamburger Day

Next PAC Meeting is: Tuesday, April 7th @ 7:00 in the library.

Playground Project Fundraiser!



Prince Charles
Elementary School



HELP MAKE OUR DREAM A REALITY!

We are aiming to raise \$100,000 to create this vision.

Our plans include:

- Installing a rope climbing structure in the upper field playground.
- Adding two small spinning play structures.
- Replacing the old wooden monkey bars with metal climbing bars and a small climbing wall.



WWW.ABYSCHOOLS.CA/DONATIONS-0

Do you want to make a tax-deductible donation to support this cause?

1. Visit www.abyschools.ca/donations-0 or scan the QR code.
2. Click "Donate Online".
3. Enter your donation amount.
4. Select "Prince Charles Elementary" from the "Fund Organization" drop-down menu.
5. In the message box, type "Playground Fund". You will receive a tax receipt for your donation.

